

STABILITY INDICATING RP-HPLC METHOD DEVELOPMENT AND VALIDATION FOR THE QUANTITATIVE ESTIMATION OF CHLORTHALIDONE IN API AND TABLET DOSAGE FORM

NIHARIKA MUTHYALA, B. NARESH*

Pharmaceutical Analysis and Quality Assurance, Talla Padmavathi Pharmacy College, Urus, Kareembad, Warangal, India.

ABSTRACT A simple, rapid, precise, accurate and sensitive reverse phase liquid chromatographic method has been developed for the determination of Chlorthalidone in bulk and pharmaceutical dosage form. The chromatographic method was standardized using Develosil ODS HG-5 RP C18, 5 μ m, 15cmx4.6mm i.d. column with UV detection at 245 nm and 0.1% Orthophosphoric acid: Acetonitrile: Methanol (12:18:70 v/v/v) ratio at a flow rate of 1.0 ml/ min. The proposed method was successfully applied to the determination of Chlorthalidone in bulk and pharmaceutical dosage form. The method was linear over the range of 0-14 μ g/ml. The recovery was in the range of 98% to 102% and limit of detection was found to be 0.08 μ g/ml and quantification was found to be 0.24 μ g/ml. Different analytical performance parameters such as precision, accuracy, limit of detection, limit of quantification and robustness were determined according to International Conference on Harmonization (ICH) guidelines.

Keywords: RP-HPLC, Chlorthalidone, Method development and validation, ICH Guidelines.

I. INTRODUCTION

Chlorthalidone, also known as chlorthalidone, is a diuretic medication used to treat high blood pressure, swelling including that due to heart failure, liver failure, and nephrotic syndrome, diabetes insipidus, and renal tubular acidosis.^[1-4] In high blood pressure it is a preferred initial treatment; in resistant high blood pressure chlorthalidone is preferred over hydrochlorothiazide. It is also used to prevent calcium-based kidney stones.^[5-7] It is taken by mouth. Effects generally begin within three hours and last for up to 3 days. Common side effects include low blood potassium, high blood sugar, dizziness, and erectile dysfunction.^[8-10] Other serious side effects may include gout, allergic reactions, and low blood pressure. Chlorthalidone has a higher risk of side effects than hydrochlorothiazide. While it may be used in pregnancy it is a less preferred option. Specifically it is a thiazide-like diuretic.^[11-13] Chlorthalidone reduces reabsorption of sodium and chloride primarily through inhibition of the Na⁺/Cl⁻ symporter in the apical membrane of distal convoluted tubule cells in the kidney. Some of chlorthalidone's diuretic effect is also due to inhibition of carbonic anhydrase in the proximal tubule.^[14] The IUPAC Name of Chlorthalidone is 2-chloro-5-(1-hydroxy-3-oxo-2,3-dihydro-1H-isoindol-1-yl)benzene-1-sulfonamide.^[15-17]

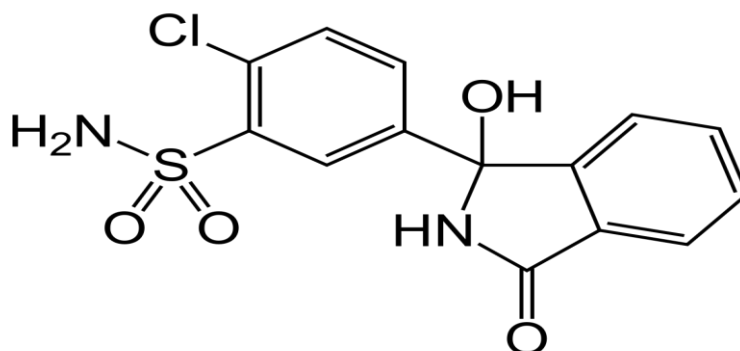


Fig 1: Chemical Structure of Chlorthalidone

II. MATERIALS AND METHODS

Method Development

HPLC Instrumentation & Conditions:

The HPLC system employed was HPLC with Empower2 Software with Isocratic with UV-Visible Detector.

Standard & sample preparation for UV-spectrophotometer analysis:

25 mg of Chlorthalidone standard was transferred into 25 ml volumetric flask, dissolved & make up to volume with mobile phase.

Further dilution was done by transferring 0.1 ml of the above solution into a 10 ml volumetric flask and make up to volume with mobile phase.

Optimized Chromatographic Conditions:

Column: Phenomenex Luna C₁₈, 100A, 5 μ m, 250mmx4.6mm i.d. Column.

Mobile Phase: 0.1% Orthophosphoric acid: Acetonitrile: Methanol (12:18:70 v/v/v).

Flow Rate: 1.0ml/minute

Wave length: 245 nm

Injection volume: 20 μ l

Run time: 07 mins.

Column temperature: Ambient

Sampler cooler: Ambient

Mobile Phase Preparation

Mobile phase was prepared by taking 0.1% Orthophosphoric acid: Acetonitrile: Methanol (12:18:70 v/v/v).

Mobile phase was filtered through 0.45 μ m membrane filter and degassed under ultrasonic bath prior to use. The mobile phase was pumped through the column at a flow rate of 1.0 ml/min.

Sample & Standard Preparation For The analysis

25 mg of Chlorthalidone standard was transferred into 25 ml volumetric flask, dissolved & make up to volume with mobile phase. Further dilution was done by transferring 0.5 ml of the above solution into a 10ml volumetric flask and make up to volume with mobile phase.

Method Validation

Accuracy:

Recovery study: To decide the exactness of the proposed strategy, recuperation trials about were completed by including diverse sums (80%, 100%, and 120%) of unadulterated medication of Chlorthalidone were taken and added to the pre-dissected detailing of fixation 10 μ g/ml. From that rate recuperation estimates were ascertained. The outcomes were appeared in Table-3.

Precision :

Repeatability

The precision of each method was ascertained separately from the peak areas & retention times obtained by actual determination of six replicates of a fixed amount of drug. Chlorthalidone (API) the percent relative standard deviations were calculated for Chlorthalidone is presented in the Table-4.

Intermediate Precision

The intra & inter day variation of the method was carried out & the high values of mean assay & low values of standard deviation & % RSD (% RSD < 2%) within a day & day to day variations for Chlorthalidone revealed that the proposed method is precise.

Linearity and Range :

Linearity range was found to be 0-70 μ g/ml for Chlorthalidone. The correlation coefficient was found to be 0.999, the slope was found to be 16660 and intercept was found to be 11860 for Chlorthalidone.

Method Robustness :

Influence of small changes in chromatographic conditions such as change in flow rate (\pm 0.1ml/min), Temperature (\pm 2 $^{\circ}$ C), Wavelength of detection (\pm 2nm) & acetonitrile content in mobile phase (\pm 2%) studied to determine the robustness of the method are also in favour of (Table-39, % RSD < 2%) the developed RP-HPLC method for the analysis of Chlorthalidone (API).

LOD & LOQ :

The limit of detection (LOD) is the lowest concentration of analyte in a sample which can be detected, but not quantitated. LOD is a limit test that specifies whether an analyte is above or below a certain value. Signal-to-noise ratio of three-to-one is used to determine LOD.

The Limit of Quantitation (LOQ) is defined as the lowest concentration of an analyte in a sample that can be determined with acceptable precision and accuracy under the stated operational conditions of the method. Signal-to-noise ratio of ten-to-one is used to determine LOQ.

System Suitability Parameter

System suitability testing is an integral part of many analytical procedures. The tests are based on the concept that the equipment, electronics, analytical operations and samples to be analyzed constitute an integral system that can be evaluated as such. Following system suitability test parameters were established. The data are shown in Table-7.

7. Estimation of Chlorthalidone in Pharmaceutical Dosage Form

Twenty pharmaceutical dosage forms were taken and the I.P. method was followed to determine the average weight. Above weighed tablets were finally powdered and triturated well. A quantity of powder equivalent to 25 mg of drugs were transferred to 25 ml volumetric flask, make and solution was sonicated for 15 minutes, there after volume was made up to 25 ml with same solvent. Then 10 ml of the above solution was diluted to 100 ml with mobile phase. The solution was filtered through a membrane filter (0.45 μm) and sonicated to degas. The solution prepared was injected in five replicates into the HPLC system and the observations were recorded. A duplicate injection of the standard solution was also injected into the HPLC system and the peak areas were recorded. The data are shown in Table-8.

Stability Studies

Acid Degradation :

An accurately weighed 10 mg of pure drug was transferred to a clean & dry round bottom flask. 30 ml of 0.1 N HCl was added to it and it was refluxed in a water bath at 60°C for 4 hours. Allowed to cool to room temperature. The sample was then neutralized using dilute NaOH solution & final volume of the sample was made up to 100ml with water to prepare 100 $\mu\text{g}/\text{ml}$ solution. It was injected into the HPLC system against a blank of mobile phase (after optimizing the mobile phase compositions). This experiment was repeated several times using same concentration of HCl (0.1N) and observed its degradation profile. The typical chromatogram shown below is the degradation profile of Chlorthalidone in 0.1N HCl.

Basic Degradation :

An accurately weighed 10 mg of pure drug was transferred to a clean & dry round bottom flask. 30 ml of 0.1N NaOH was added to it. & it was refluxed in a water bath at 60°C for 4 hours. Allowed to cool to room temperature. The sample was than neutralized using 2N HCl solution & final volume of the sample was made up to 100ml to prepare 100 $\mu\text{g}/\text{ml}$ solution. It was injected into the HPLC system against a blank of mobile phase after optimizing the mobile phase compositions. This experiment was repeated several times using same concentration of NaOH such as 0.1N to observe its degradation profile. The chromatogram shown below is the degradation profile of Chlorthalidone in 0.1N NaOH.

Thermal Degradation :

Accurately weighed 10 mg of pure drug was transferred to a clean & dry round bottom flask. 30 ml of HPLC water was added to it. Then, it was refluxed in a water bath at 600 c for 6 hours uninterruptedly. After the reflux was over, the drug became soluble and the mixture of drug & water was allowed to cool to room temperature. Final volume was made up to 100 ml with HPLC water to prepare 100 $\mu\text{g}/\text{ml}$ solution. It was injected into the HPLC system against a blank of mobile phase.

Photolytic Degradation :

Approximately 10 mg of pure drug was taken in a clean & dry Petridish. It was kept in a UV cabinet at 254 nm wavelength for 24 hours without interruption. Accurately weighed 1 mg of the UV exposed drug was transferred to a clean & dry 10 ml volumetric flask. First the UV exposed drug was dissolved in methanol & made up to the mark with mobile phase to get 100 $\mu\text{g}/\text{ml}$ solution. Finally this solution was injected into the HPLC system against a blank of mobile phase and chromatogram was obtained.

Oxidation Degradation :

Accurately weighed 10 mg. of pure drug was taken in a clean & dry 100 ml volumetric flask. 30 ml of 3% H_2O_2 and a little methanol was added to it to make it soluble & then kept as such in dark for 24 hours. Final volume was made up to 100 ml. using water to prepare 100 $\mu\text{g}/\text{ml}$ solution. The above sample was injected into the HPLC system.

III.RESULT AND DISCUSSION

Method Development

UV-Spectrophotometer Analysis :

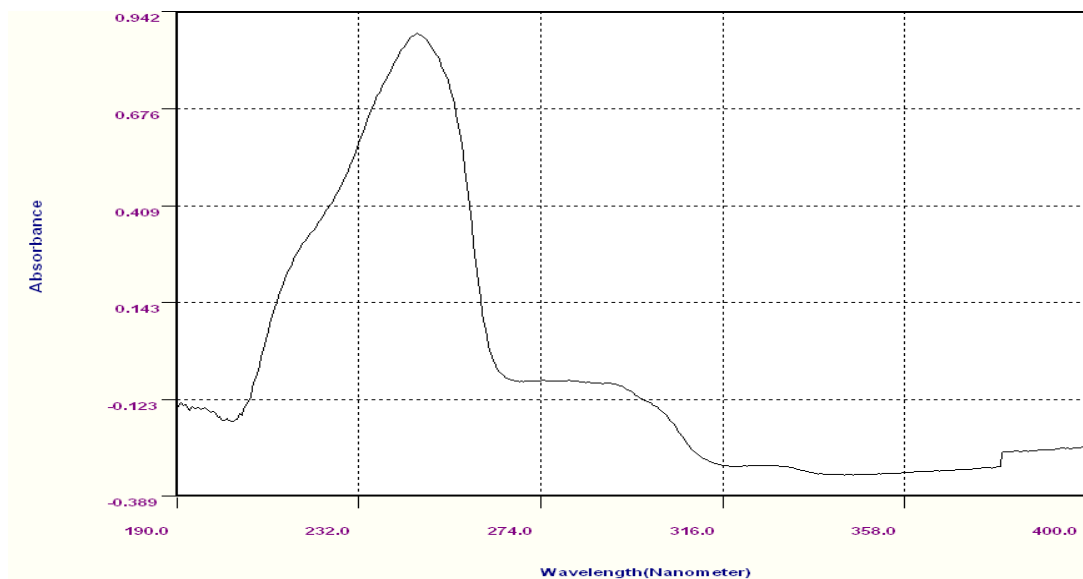


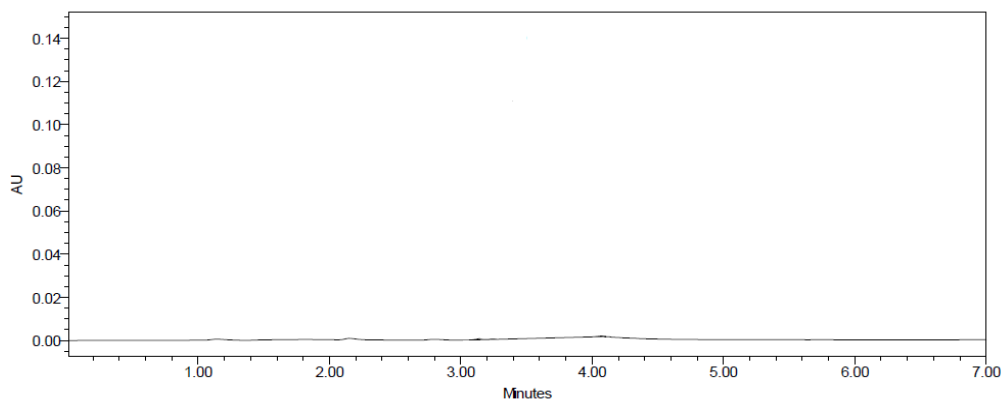
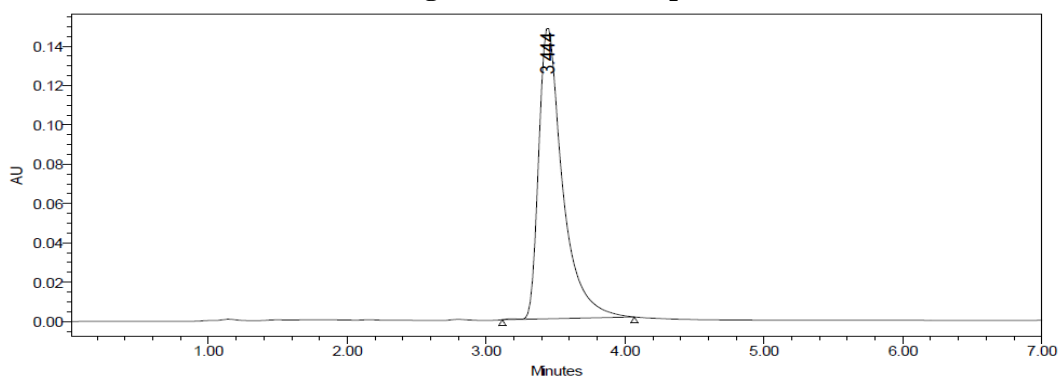
Fig 2: UV spectrum

Trials:

Table-1:Trials for Method Development

Column Used	Mobile Phase	Flow Rate	Wave length	Observation	Result
Phenomenex Luna C ₁₈ , 100A, 5 μ m, 250mmx4.6mm i.d. Column	Acetonitrile: Water = 60 : 40	1.0ml/min	245nm	Very Low response	Method rejected
Phenomenex Luna C ₁₈ , 100A, 5 μ m, 250mmx4.6mm i.d. Column	Methanol : Water = 70 : 30	1.0ml/min	245nm	Low response	Method rejected
Phenomenex Luna C ₁₈ , 100A, 5 μ m, 250mmx4.6mm i.d. Column	Acetonitrile: Methanol = 60 : 40	1.0ml/min	245nm	Tailing peaks	Method rejected
Phenomenex Luna C ₁₈ , 100A, 5 μ m, 250mmx4.6mm i.d. Column	Phosphate Buffer : Acetonitrile = 30:70 (pH-3.8)	1.0ml/min	245nm	Resolution was not good	Method rejected
Phenomenex Luna C ₁₈ , 100A, 5 μ m, 250mmx4.6mm i.d. Column	0.1% Orthophosphoric acid: Acetonitrile: Methanol (4:14:82 v/v/v)	1.0ml/min	245nm	Tailing peak	Method rejected

Phenomenex Luna C ₁₈ , 100A, 5µm, 250mmx4.6mm i.d. Column	0.1% Orthophosphoric acid: Acetonitrile: Methanol (12:18:70 v/v/v)	1.0ml/min	245nm	Nice peak	Method accepted
---	---	-----------	-------	-----------	--------------------

Optimized Condition :**Chromatogram for Blank Preparation****Optimized Condition****Table 2: Peak results**

S.No.	Drug Name	Rt	Peak Area	Tailing Factor	Plate Count
1	Chlorthalidone	3.444	1761430	1.54	5621

Method Validation:**Accuracy :****Table-3: Accuracy Readings**

Conc. In ppm	Conc. Found	Peak Area	% Recovery
8	8.042	145847	100.525
8	8.100	146821	101.250
8	8.032	145682	100.400
		Avg.	100.725
		S.D	0.458939
		%RSD	0.455636
Conc. In ppm	Conc. Found	Peak Area	% Recovery
10	10.030	178975	100.300
10	10.045	179213	100.450
10	10.025	178879	100.250
		Avg.	100.3333

		S.D	0.104083
		%RSD	0.103738
Conc. In ppm	Conc. Found	Peak Area	% Recovery
12	12.032	212314	100.266
12	12.086	213216	100.716
12	12.052	212658	100.433
		Avg.	100.4717
		S.D	0.227478
		%RSD	0.22641

**Precision :
Repeatability**

Table-4: Repeatability Results of Precision

HPLC Injection Replicates of Chlorthalidone	Retention Time (Minutes)	Peak Area (AUC)
Replicate – 1	3.475	1765847
Replicate – 2	3.447	1758986
Replicate – 3	3.446	1756245
Replicate – 4	3.447	1761430
Replicate – 5	3.449	1765241
Replicate – 6	3.469	1765864
Average		1762269
Standard Deviation		4057.819
% RSD		0.230261

Intra day & Inter day:

Table-5: Results of Intra day & Inter day

Conc. Of Chlorthalidone(API) (µg/ml)	Observed Conc. Of Chlorthalidone (µg/ml) by the proposed method			
	Intra-Day		Inter-Day	
	Mean (n=6)	% RSD	Mean (n=6)	% RSD
8	7.89	0.95	8.07	0.96
10	10.09	0.76	9.86	0.67
12	11.85	0.95	12.05	0.63

Linearity and Range

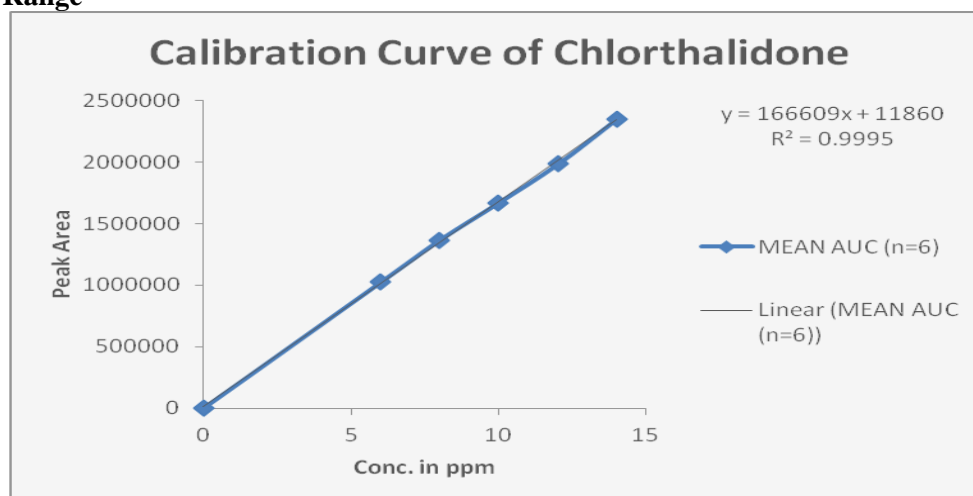


Fig-3: Calibration curve of Chlorthalidone (API)

Table-6: Linearity Results of Chlorthalidone

CONC.(µg/ml)	MEAN AUC (n=6)
0ppm	0
6ppm	1024713
8ppm	1367815
10ppm	1671430
12ppm	1985214
14ppm	2352457

Method Robustness :

Change in parameter	% RSD
Flow (1.1 ml/min)	0.96
Flow (0.9 ml/min)	0.84
Temperature (27 ⁰ C)	0.62
Temperature (23 ⁰ C)	0.92
Wavelength of Detection (208 nm)	0.76
Wavelength of detection (204 nm)	0.91

LOD and LOQ :

The Minimum concentration level at which the analyte can be reliable detected (LOD) & quantified (LOQ) were found to be 0.08 & 0.24 µg/ml respectively

System Suitability Parameter**Table-7: Data of System Suitability Parameter**

S.No.	Parameter	Limit	Result
1	Resolution	$R_s > 2$	9.75
2	Asymmetry	$T \leq 2$	Chlorthalidone =0.17
3	Theoretical plate	$N > 2000$	Chlorthalidone =5897
4	Tailing Factor	$T < 2$	Chlorthalidone =1.59

Estimation of Chlorthalidone in Tablet Dosage Form

Table-8: Assay of CHLORTHALIDONE Tablets

Brand name of Chlorthalidone	Labelled amount of Drug (mg)	Mean (\pm SD) amount (mg) found by the proposed method (n=6)	Assay % (\pm SD)
Hythalon (100 mg) (Nicholas Piramal India Ltd.)	100mg	99.875 (\pm 0.654)	99.86 (\pm 0.451)

Stability Studies

Acid Degrdaton :

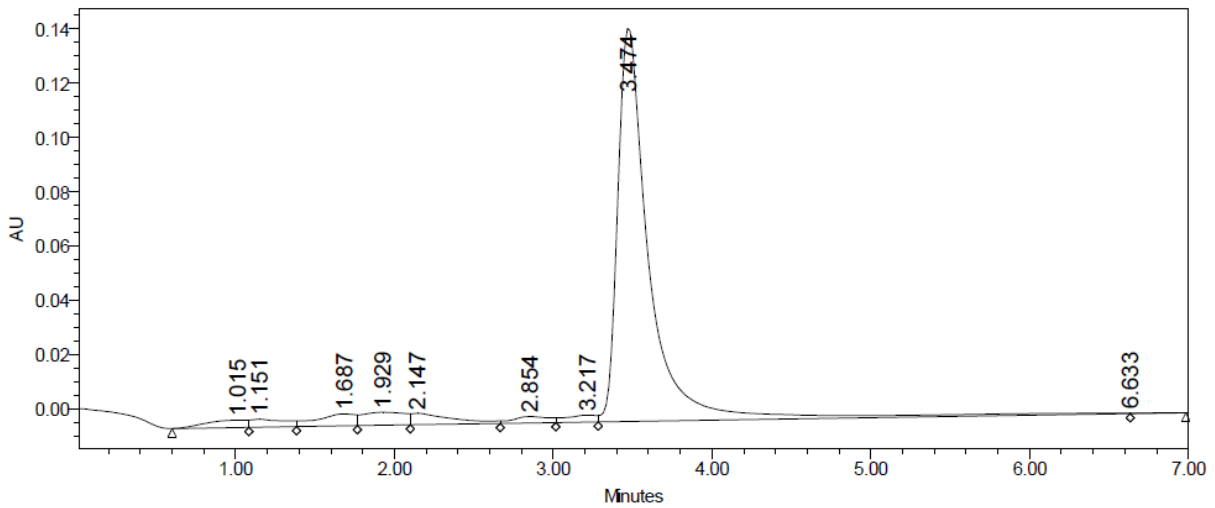


Fig.4: Acidic degradation

Alkaline Hydrolysis:

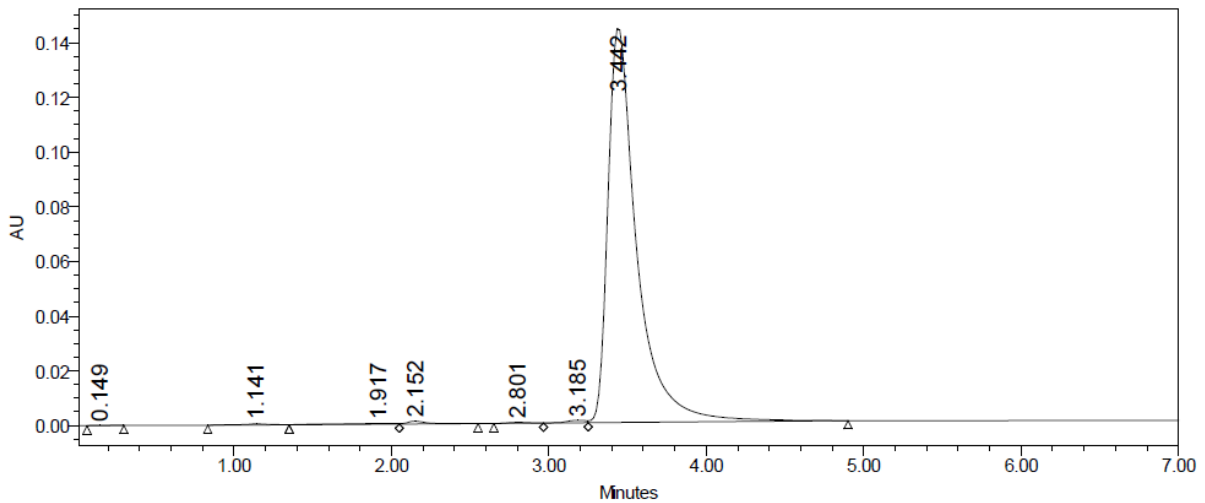


Fig.5: Basic degradation

Thermal Degradation:

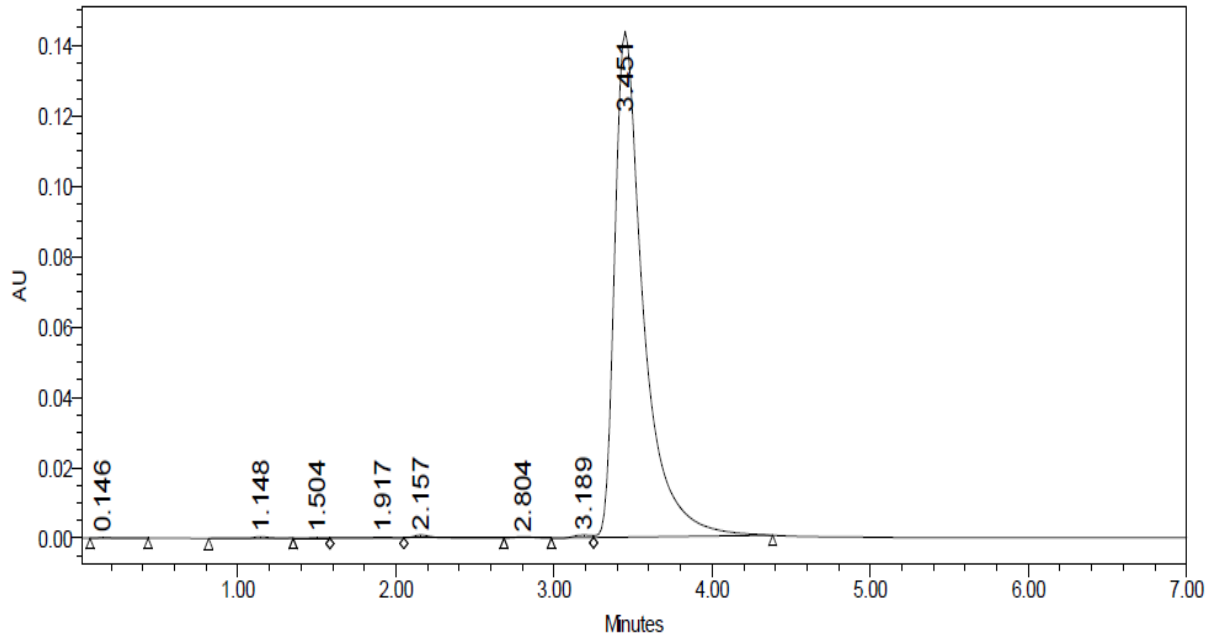


Fig.6: Thermal degradation studies

Photolytic Degradation:

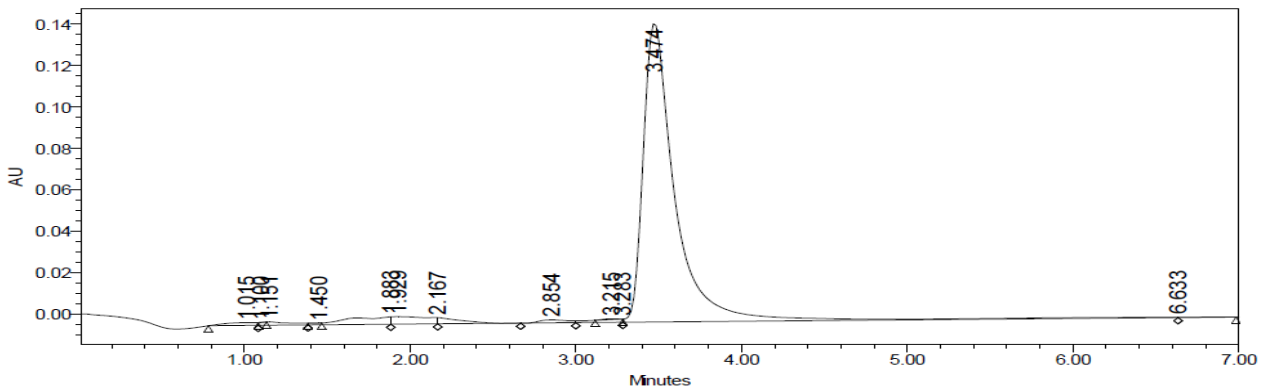


Fig.7:- Photolytic degradation.

Oxidation With (3%) H₂O₂:

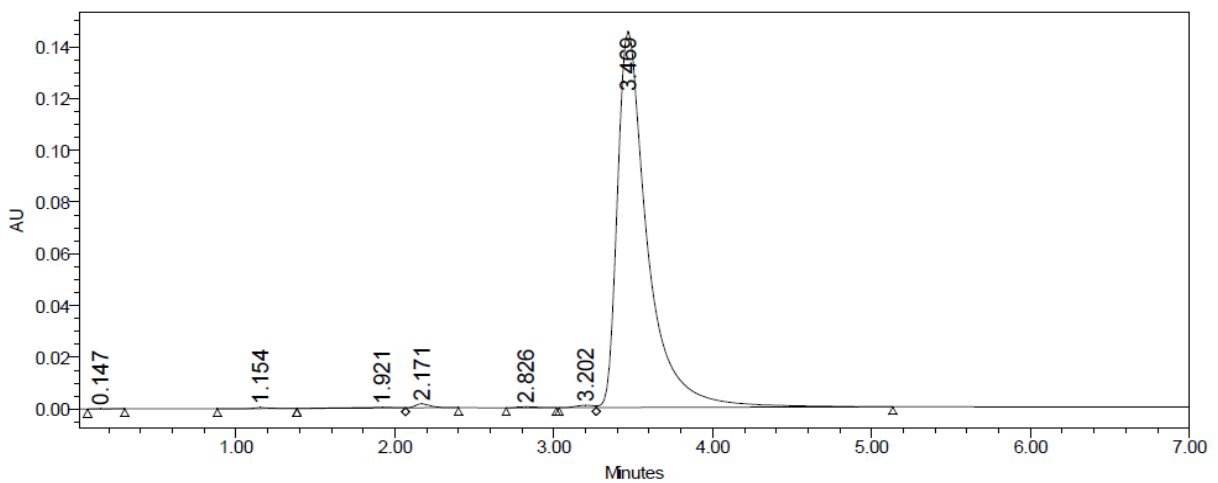


Fig.8: Peroxide degradation

Table-9: Results of forced degradation studies of Chlorthalidone API.

Stress condition	Time	Assay of active substance	Assay of degraded products	Mass Balance (%)
Acid Hydrolysis (0.1 M HCl)	24Hrs.	88.92	11.08	100.0
Basic Hydrolysis (0.1 M NaOH)	24Hrs.	96.51	3.49	100.0
Thermal Degradation (50 °C)	24Hrs.	96.33	3.67	100.0
UV (254nm)	24Hrs.	89.18	10.82	100.0
3 % Hydrogen Peroxide	24Hrs.	97.44	2.56	100.0

IV.CONCLUSION

A sensitive & selective RP-HPLC method has been developed & validated for the analysis of Dapagliflozin API. Further the proposed RP-HPLC method has excellent sensitivity, precision and reproducibility. The result shows the developed method is yet another suitable method for assay, purity which can help in the analysis of Dapagliflozin in different formulations. Finally it was concluded that the method is simple, sensitive and has the ability to separate the drug from degradation products and excipients found in the dosage form.

REFERENCES

- "Chlorthalidone Monograph for Professionals". Drugs.com. American Society of Health-System Pharmacists. Retrieved 18 April 2019.
- British national formulary : BNF 76 (76 ed.). Pharmaceutical Press. 2018. pp. 229–230. ISBN 9780857113382.
- Acelajado MC, Hughes ZH, Oparil S, Calhoun DA (March 2019). "Treatment of Resistant and Refractory Hypertension". *Circ. Res.* 124(7): 1061–1070. doi:10.1161/CIRCRESAHA.118.312156. PMID 30920924. A long-acting thiazide-like diuretic, specifically chlorthalidone, if available, is recommended over hydrochlorothiazide (HCTZ) given its superior efficacy and clear benefit demonstrated in multiple outcome studies of hypertension.
- Fischer, Jnos; Ganellin, C. Robin (2006). *Analogue-based Drug Discovery*. John Wiley & Sons. p. 457. ISBN 9783527607495.
- "NADAC as of 2019-02-27". Centers for Medicare and Medicaid Services. Retrieved 3 March 2019.
- "The Top 300 of 2019". *clincalc.com*. Retrieved 22 December 2018.
- Vongpatanasin W (July 2015). "Hydrochlorothiazide is not the most useful nor versatile thiazide diuretic". *Curr. Opin. Cardiol.* 30 (4): 361–5. doi:10.1097/HCO.000000000000178. PMC 4460599. PMID 26049382.
- Carey RM, Whelton PK (March 2018). "Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Synopsis of the 2017 American College of Cardiology/American Heart Association Hypertension Guideline". *Ann. Intern. Med.* 168 (5): 351–358. doi:10.7326/M17-3203. PMID 29357392.
- Musini VM, Nazer M, Bassett K, Wright JM (May 2014). "Blood pressure-lowering efficacy of monotherapy with thiazide diuretics for primary hypertension". *Cochrane Database Syst Rev* (5): CD003824. doi:10.1002/14651858.CD003824.pub2. PMID 24869750.
- Roush GC, Buddharaju V, Ernst ME (July 2013). "Is chlorthalidone better than hydrochlorothiazide in reducing cardiovascular events in hypertensives?". *Curr. Opin. Cardiol.* 28 (4): 426–32. doi:10.1097/HCO.0b013e3283622075. PMID 23736816.
- Ernst ME, Carter BL, Zheng S, Grimm RH (April 2010). "Meta-analysis of dose-response characteristics of hydrochlorothiazide and chlorthalidone: effects on systolic blood pressure and potassium". *Am.J.Hypertens.* 23 (4): 440–6. doi:10.1038/ajh.2010.1. PMID 20111008.
- OldeEngberink RH, Frenkel WJ, van den Bogaard B, Brewster LM, Vogt L, van den Born BJ (May 2015). "Effects of thiazide-type and thiazide-like diuretics on cardiovascular events and mortality: systematic review and meta-analysis". *Hypertension.* 65 (5):103340. doi:10.1161/HYPERTENSIONAHA.114.05122. PMID 25733241.
- Roush GC, Holford TR, Guddati AK (June 2012). "Chlorthalidone compared with hydrochlorothiazide in reducing cardiovascular events: systematic review and network meta-analyses". *Hypertension.* 59 (6):1110 7. doi: 10.1161/HYPERTENSIONAHA.112.191106. PMID 22526259.
- Katz, *Quantitative Analysis Using Chromatographic Techniques*, Wiley, Chichester, 1987.
- Engelhardt (Ed.), *Practice of High Performance Liquid Chromatography*, Springer-Verlag, Berlin, 1986.
- J. C. MacDonald (Ed.), *HPLC: Instrumentation and Applications*, International Scientific Communications, Fairfield, 1986.
- D. S. Reeves and U. Ullman (Eds.), *High Performance Liquid Chromatography in Medical Microbiology*, Gustav Fischer Verlag, Stuttgart, 1986.